



*Reduced extremism and susceptibility to extremist rhetoric, respect for difference and peaceful conflict resolution, more social cohesion and less violence – these are just a few of the many **empirically proven benefits** of increased IC.*

The Power of IC

IC stands for ‘Integrative Complexity.’ A psychological measurement with incredible predictive power¹, IC is the cognitive lens through which you see your social world. It’s about *how* you think, not what you think. IC rhymes with ‘I see’: seeing your own viewpoint, another’s viewpoint, and how to work together despite disagreement.

Advantages of IC Thinking

- Evidence of effectiveness
- Based on the latest brain science
- Works across cultures
- Targets behaviour not beliefs

What is IC Thinking?

IC Thinking is a unique and empirically validated intervention method that reduces extremism, equips participants to transform conflict between groups, and promotes human flourishing.

ICthinking® interventions enable people to emerge from the ‘tunnel vision’ that typically accompanies change or perceived threats to one’s worldview.

The learning activities engage deep brain processes, increasing the complexity with which people view the social world.

Participants learn how to recognise and validate a wider range of viewpoints and values in themselves and others. They also learn how to engage with differing viewpoints by building upon shared values whilst remaining true to their own values.

This growth occurs as participants engage with ‘real life’ topics, so each intervention must be contextualised – wearing the same ‘cultural clothing’ as the participants.

ICthinking® is built on pioneering work by psychologists at the University of Cambridge. All courses and training are research-based and assessed using an empirically validated frame alongside self-reports, observational reports, and other psychometric measures.

¹Based on the work of Professor Peter Suedfeld and colleagues over four decades (2010). The cognitive processing of politics and politicians: Archival studies of conceptual and integrative complexity. *Journal of Personality*, 78(6), 1669-1702.

Where has *IC Thinking* worked so far?

- To reduce and prevent violent extremism in Britain, Kenya and Scotland: *Being Muslim Being British* (BMBB), *Being Kenyan Being Muslim* (BKBM), and *Being Muslim Being Scottish* (BMBS).
- To reduce and prevent sectarianism in Scotland: *I SEE! Life Skills for a Changing Scotland*.
- To reduce and prevent destructive conflict in organisations: *Conflict Transformation*
- To reduce inter-ethnic conflict - *MoviEQ: Life skills for a changing Bosnia-Herzegovina*

Current projects; under review for funding; in development:

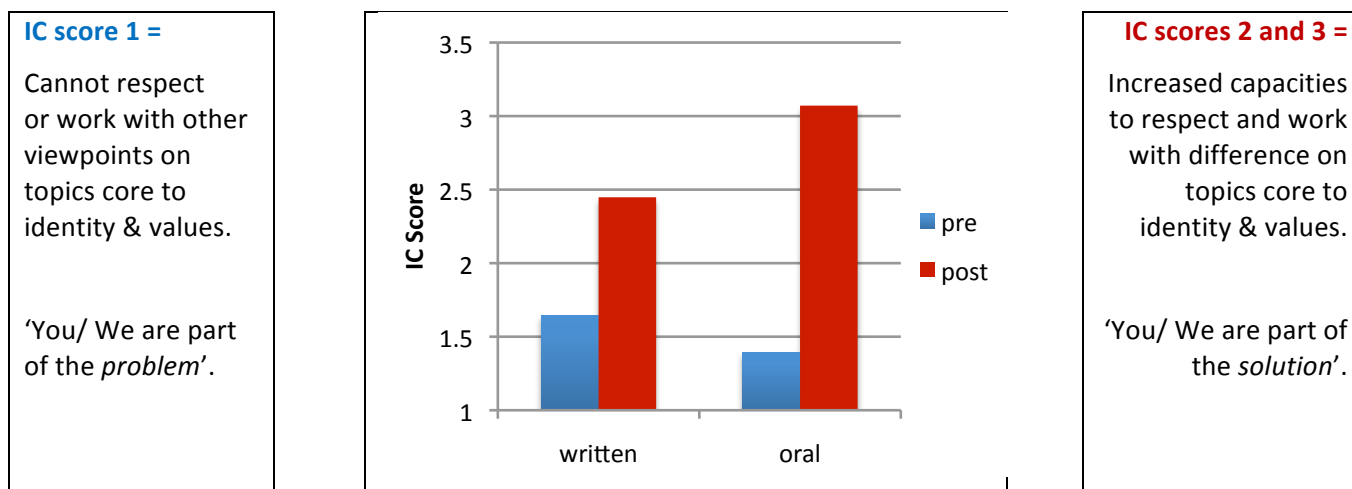
Pakistan, Finland, Singapore; multi-national digitization of IC platforms and serious gaming to scale access and to support face-to-face interventions, in collaboration with partners in Denmark, Finland, Hungary, Norway, Pakistan, Spain, Germany, UK, US; and Northern Ireland

What are the results?

To our knowledge, the *IC Thinking* method represents the only empirically based predictive measure in the field of CVE (Counter Violent Extremism)² and has gained European RAN accreditation (Radicalisation Aware Network). 43 out of 43 empirically validated group measures showed **statistically significant** gains in IC: participants are less likely to engage in violent extremism or destructive conflict, and gain confidence and skills that increase their well-being in every setting.

The chart below depicts the gains in IC among *Being Muslim Being British* participants (sample size = 287).

This pattern is similar across all IC interventions and with participants of both genders from a wide range of educational and socio-economic levels, cultural contexts, extremists, and ages.



IC gains after a sixteen contact hour intervention, assessed via comparisons of participants' written and oral responses, before and after the course. (Smaller IC increases can occur after an intervention of just a few hours.)

What can *IC Thinking* do for you?

We can **customise the proven IC model of intervention** for your school, community, or organisation, **show effectiveness**, and **train facilitators** to reduce and prevent extremism, build social cohesion, facilitate intercultural understanding, and produce individuals and groups better able to live well with difference.

ICthinking® interventions build capacities for inclusive learning environments and responsible global citizenship.

For more information, please contact **Dr Sara Savage** sbs21@cam.ac.uk

² This assertion has been communicated to IC Thinking academics by CT (Counter Terrorism) and CVE experts at the UK Home Office, US Pentagon (SMA program), USDOS (CT Bureau), the Radicalisation Aware Network (RAN) of the European Commission, Local Government Borough Councils in the UK, and the Hedayah Organisation, the global CVE think tank and training centre (Abu Dhabi).